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| |  |  | | --- | --- | | X:\Rebecca\GTGI LOGO\GTGI-logo.jpg |  | | **Colonoscopy Prep with SuTab Split dosing**  In advance, purchase the SuTab prep kit at your local pharmacy. One day before your procedure you will need to be on a clear liquid diet. Please drink as much liquid as possible. The more clear liquid you drink will help decrease cramping during the prep process.  THE DAY BEFORE YOUR PROCEDURE   * Clear liquids are food that you can see through * Avoid all substances red, purple in color (it can look like blood) * Limit caffeine and alcoholic beverages (1 or 2) * No dairy products * Suggested foods: Apple juice, herbal tea, broth or bouillon (no crackers), soda, Kool-Aid, white grape juice, Jell-O Gatorade, plain hard candy, popsicles, seasonings, (sugar, honey, substitutes, salt, Mrs. Dash).   **The Evening before Procedure** take the first dose at 7:00 PM  **The Morning of your Procedure**  5 hours before arrival time  1. Open 1 bottle of 12 tablets.  2. Fill container with 16 ounces of water. Swallow each tablet with a sip of water and drink the entire amount over 15 to 20 minutes.  3. Approximately 1 hour after the last tablet is swallowed, drink another 16 ounces of water and drink entire amount over 30 minutes.  4. Approximately 30 minutes after finishing the 2nd container of water, drink another 16 ounces of water over 30 minutes.  5. Repeat steps for 2nd dose the morning of your procedure.  You can take any necessary medications with a small sip of water the morning of your procedure.  The facility will contact you to confirm the time of your procedure. Times are subject to change. |  | |  |  | |

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